## DON'T FORGET THAT YOU'RE HUMAN. IT'S OKAY TO HAVE A MELTDOWN. JUST DON'T UNPACK AND LIVE THERE. CRY IT OUT AND THEN REFOCUS ON WHERE YOU ARE HEADED.

Friday 15<sup>th</sup> January

Dear Home school teachers,

So you've reached the end of Week 2 and we are super impressed with all the work the children are doing at home. It is so apparent many of you are keeping learning in a school routine and ensuring the children keep focused on their tasks. I'm sure as you are reading this many of you are ready to test spellings, timestables or number facts of the week.

Please don't put yourself under pressure, even if the children do literacy and numeracy tasks and some reading, they will hold their own and not fall behind. So if you have a tough day, pull the plug and start again the following morning.

Remember many adults have lived through conflicts and wars around the globe, Syria, Bosnia and Afghanistan to name a few, yet those adults have still caught up with learning and achieved life goals later in life. This isn't the end of the world, the children will cope and our teachers will tighten up the gaps when the children return to the classrooms. So don't beat yourself up if you or your child has a bad day, it is normal and is to be expected.

In terms of Seesaw, let your child once a week, share a photo of what they think is their favourite piece of work. You don't have to send photos of every task, as that is very time consuming and the teachers won't be able to reply to every task and photo. The children are very ICT savvy, so I'm sure they can send the post themselves, to give you a break.

We still have a high number of Keyworker and vulnerable children in school, it is important to stress that the children are safer at home and parents should only use the school as a last resort, if you cannot work from home or you don't have anyone to childmind for you. We cannot add to the numbers currently and must have a waiting list. This is to ensure we can arrange correct staffing levels and work within our Risk Assessment, as keeping our staff safe is paramount at this time.

I want to thank my staff for their hard work and dedication, as it has been a long 11 months and is way out of their comfort zones, they are all continuing to home school their own children, caring for vulnerable relatives and helping with the rota in school. Our children are truly blessed to have teachers and assistants who want the very best for them.

Have a lovely weekend, squeeze in some of that all important ME time and keep praising the children, as we know they are all trying their very best every day.

Claire Robinson